

A birthday is a new beginning, for the cycle of a life-stream completes itself every 365 days, and the energy of its world closes the circle of experience on the day before the birthday.

On the day that marks the anniversary of the embodiment of the spirit being, the Holy CHRIST-SELF releases a new pulse of life energy into the four lower bodies, and from the PRESENCE comes an additional upward impulse in the hope that the LIFE PLAN may be more abundantly realised in the coming year. Therefore, a boost of LIFE ENERGY and VITALITY can usually be seen in the period just before the birthday, and the period immediately following the birthday is usually abundant in spiritual unfoldment and inner well-being.

Embodiment gives a spirit spark the opportunity to develop its spiritual nature, so as a small cycle in a larger one, each birthday is A NEW BEGINNING.

Much of the accumulation that the life-stream has attracted to itself is dissolved at this time. There is also the OPPORTUNITY AND THE RIGHT for the Ascended LIGHTSHARE to offer to the Lifestream the gifts of their TUGENDEN - just as the unascended beings in the material STATE of BEING offer their gifts to each other.

Every human being who walks through the gates of a new birthday receives an outpouring from every Ascended Being, and the custom of extending gifts down here is but a faint reflection of this inner experience.

When a person becomes a disciple of the Masters and comes under the guidance of the Ascended Light Host, he receives such a COSMIC OUTPouring on his BIRTHDAY so that it becomes THE HOLIEST DAY OF THE YEAR!

On your birthday, all your cosmic friends in the realm of Eternal FREEDOM act upon your Lifestream. The richness and abundance of spiritual ENLIGHTENMENT they bestow upon you remains a continuance of your eternal being at all times. Take advantage of it when that Holy Day comes and bathe yourselves in the outpouring of the Presence of DIVINE BEINGS!!!!

My most personal congratulations and BLESSINGS are with each of you - and also the WISHES of Our LORD, the MAHA CHOCHAN and other LIGHT-FRIENDS. May the tremendous outpouring that is flooding into YOUR SOUL and SPIRIT now help you to your complete UNION with your HIGHER SELF.

Namaste Kuthumi !